Where The Wild Things Are

If you take a closer look at this narrow strip of shoreline, you will find that a surprising number of different animals call this place home. In the surrounding landscape are four interlocking, but distinctly different habitats with an amazing diversity of wildlife. Bay waters ebb and flow over mudflats, tidal channels meander through a saltwater marsh, and a rocky shoreline and wetland fringes give way to uplands.

For some animals, life is possible in only one habitat, while others need to roam freely from place to place, seeking food, water, and shelter. Some birds are only visitors, stopping here briefly before continuing their migration.

A rock becomes an additional "micro-habitat," and is home to a host of small creatures who add to the marshland food supply.

Enjoy your visit along the paved trail.

Whether you are here to walk the dog, bicycle, jog or stroll, you can help protect the Bay's dwindling plant and animal habitats by enjoying the views from the Bay Trail, and by keeping your dog on a leash.

The Pt. Isabel to Miller/Knox trail is part of the San Francisco Bay Trail, a hiking and bicycling trail system that extends around San