



A Healthy You, A Healthy Me
Uniting a Healthy Community

A Celebration Honoring

Fred D. Jackson

Sunday, May 15, 2011 4:00 p.m. to 7:00 p.m.
2200 Macdonald Ave., Richmond, 94801
(*Richmond PAL)

TICKETS: 50.00 per person.
RESERVED TABLES: 1000.00 per table.

Purchase tickets on-line at:

<http://www.brownpapertickets.com/event/169884>

For various Bay Area ticket locations, email honoringfred@hotmail.com or call (510) 815-4137

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Richmond-based community activist Fred Davis Jackson recently introduced a Health Covenant uniting the community and church in a fight against diabetes, strokes, high blood pressure, and other chronic diseases through healthy eating. Since moving to Richmond in 1954, Mr. Jackson has been more than a resident, but a staple in the community. He has tirelessly fought for different worthy causes in the City of Richmond. He is now facing his toughest battle-Pancreatic Cancer.

Jackson has taken every opportunity to educate and save our youth, advocating street peace and violence prevention through youth programs. He has collaborated with agencies such as Police Activity League (P.A.L.), Department of Neighborhood Safety, Richmond Police Department, Richmond Parks and Recreation Commission and the Art Council just to name a few. He was an integral part of donating land to the City of Richmond for the Trinity Plaza, affordable homes for seniors.

Mr. Jackson was recently co-host for local television show Oakland Is, where he discussed his most recent project the Health Covenant. He is Santa to elementary students at Verde Elementary school. A songwriter, Mr. Jackson has provided comfort through song to many parents who lost their children through violence in the streets of Richmond. Throughout his career, Fred Jackson has been the recipient of many prestigious awards, including a Hometown Heroes Award in 2011. Symbolic of Jackson's commitment to unify communities, the City of Richmond and Contra Costa County are in the processing of renaming Third Street in North Richmond and Filbert Street in Richmond "Fred Jackson Way."

Please join us as we showcase the peacemaker's efforts, his many awards, presentations, collaborations and contributions to the City of Richmond.

Dinner, Live Entertainment, Guest Speakers and a Very Special Music Performance will highlight this historical event.