

Dharmata Foundation Presents Anam Thubten

Dakini Temple- 235 Washington Ave., Point Richmond, CA. 94801

July 4, A Spiritual Discourse 7-9 p.m. \$10.00-\$15.00 Suggested Donation
Buddhist teacher, Anam Thubten is going to give heart to heart dialogue, and invite everyone to join along in an exploration into the realm of truth which is always available to us. In this meeting, he will challenge every core belief, which has chained us to our misery for far too long. Freedom is knocking on our door.

July 5th & 6th A Meditation Retreat

Dharmata Foundation is presenting a weekend retreat with Anam Thubten. The topic is the Prajanaparamitta, which is the heart of Buddha's teachings. Anam will teach this profound subject in a most direct and fresh way, which will challenge all of our core beliefs that give rise to all of our problems. He is inviting everyone to have a glimpse of the inner freedom that is available to each of us.
Full Weekend \$125.00 or \$40.00 a session (No One turned away for lack of funds)



Anam Thubten was born in Tibet and entered into Buddhist training in the Nyingma tradition at young age. Among his teachers, he had a special affinity toward a very inspiring Dharma teacher named Lama Tsurlo, who became his main mentor. Lama Tsurlo's kindness and wisdom gave him the firm base to advance in his dharma practice, and still serves as a source of inspiration in his ever-unfolding love of true Dharma, as well as his work as a teacher. Anam Thubten was recognized as the reincarnation of Anam Lama, when he was quite young.

Retreat schedule: Saturday, July 5th 10 a.m. to 5:30 p.m.
Sunday, July 6th Puja 11 a.m. (All are Welcome) Retreat 3-5:30 p.m.

To register, contact: Elena Castanon e-mail: heart sutra@comuniteca.com

Dharmata Foundation is a non-profit organization, dedicated to providing spiritual seekers the opportunity to embrace the Holy Dharma, which is a true path to inner freedom. Such freedom will come into being by engaging in the enlightened realm of Dharma, and is available to everyone, regardless of background. In order to fulfill this vision, Dharmata offers intensive retreats, workshops and discourse classes, under the guidance of Dharma teachers such as Anam Thubten.



For more information, visit <http://www.dharmatafoundation.org>